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The Official Member Publication of the Iowa Peace Officers Association (IPOA)

The 2013 IPOA Board: (left to right) Sgt. Gus Farmer, Officer Dean Sharp, Capt. Mike McKelvey, Major Paul Steier, Officer George Griffith. Not shown: Chief David Lorenzen, Terry Dehmlow.







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Great examples of agency cooperation in Boston; Thank You IPOA Training Conference attendees

I would like to start off by thanking all of you who supported the 2013 Iowa Peace Officers Association (IPOA) Training Conference held April 23 and 24. I was out of state and unable to be there, but the feedback I have received on the conference has been very positive. A big "Thank You" to IPOA Secretary Terry Dehmlow, Iowa DOT Major Paul Steier, and Waterloo Sgt. Gus Farmer for pulling this all together. If you attended, I hope you found it worth your time.

Each year, as IPOA prepares for this event, it's always a struggle to find that time on the calendar that doesn't conflict with other events that may compete for the same audience. It's always been our goal to provide the opportunity for affordable and useful training at this conference. We are always open to suggestions – whether it be topics, location, or time of year – please let us know. This is your association, and we would like to hear from you.

Thank you for your support and confidence. As your President, I commit to the membership to work with the board of directors and IPOA members to continue to move this association forward. I would also like to thank outgoing IPOA board member Sgt. Bill Melville of the Sioux City Police Department. Bill's work on the



Chief David Lorenzen
IPOA President
Iowa DOT - Motor Vehicle Enforcement

board and as a past IPOA president helped us through some tough issues. His service and efforts brought about some needed changes.

If you are interested in filling the vacant board seat, please contact any of the IPOA Board members. It's a great opportunity to get involved.

As I stated earlier in my remarks, I was unable to attend the IPOA conference due to the fact I was attending the Commercial Vehicle Safety Conference in Louisville, Kentucky. During one of the sessions at this conference, the Massachusetts State Police were recognized for their efforts in working with various branches of law enforcement to apprehend the Boston Marathon bombing suspects. They received a standing ovation and a rousing applause. As I watched, it reminded me of the commitment the profession has to each other.

If you watched television coverage of the Boston Marathon bombings, you saw officials basically shut down parts of the city during the manhunt. It was a great example of how agencies working together were able to apprehend the surviving suspect. After the capture, people took to the streets and cheered law enforcement officers as they drove by.

There are many days in our careers we may wonder if it's worth it, and if anybody cares or appreciates the effort and risk put out there on every shift. The Boston incident, very similar to what happened after 9-11-2001, confirms that people do care.

Each one of you make a difference every day. Thank you for your service and dedication. Never forget our core mission in law enforcement is to SERVE THE PUBLIC.

Be safe.

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Conference News: Legislator meetings planned, board members confirmed, and bylaws ratified

This year's Annual IPOA Training Conference was held in Johnston at the Stoney Creek Inn, a beautiful and very accommodating facility. Major Paul Steier has recapped the training on Page 12, so I would just like to thank those who were in attendance. Our goal of 100 attendees was reached in registrations, but with a few lastminute cancellations we just missed it.

We had fantastic speakers both days, and many of the same attendees who regularly come to Conference, but also a large group of new attendees from the DOT Motor Vehicle Enforcement Division, and several other departments were represented for the first time. I love to see the new faces, but also enjoy reconnecting with the old acquaintances. I am not going to mention names like Laddie, Mike, George and Tim, but if I were ... we have been doing this a long time and its not over yet! Thanks to Major Steier for making this conference a success, and thanks to Sgt. Gus Farmer for stepping up in the absence of IPOA President, Chief David Lorenzen.

The business meeting was held on April 23, following lunch. The recommendation for changes in the bylaws was ratified, and we now can offer Life Memberships, as indicated, upon retirement.

Most of the IPOA board members are continuing in their positions from last year, with the addition of two new members – Dean Sharp of Council Bluffs P.D. and George Griffith of Urbandale P.D. – confirmed by the members in attendance.

The Board unanimously selected DOT/MVE Chief David Lorenzen to serve another two-year term as your president. Thanks, Chief, for your willingness to serve and lead us forward.

We have already begun sharing ideas for next year's training, so contact a Board Member if you have a special topic you would like us to include; It's your conference.

The IPOA Board will continue to meet via monthly conference calls this year. In-person board meetings were becoming



Terry Dehmlow
IPOA Secretary/ Treasurer
D.A.R.E. Officer

more difficult to schedule because some members needed an entire day off work for the long drive. Conference calls are easier for all, and participation is higher. We can also conduct business in a more timely fashion, compared to meeting quarterly, at significant savings to the IPOA.

I just got off the phone with IPOA lobbyist Kellie Paschke. She has done an excellent job serving the IPOA at the Capitol this year, which has by far been the busiest we have had with many legislative issues on our agenda. The majority of our priority items have been passed this year, and several have already been signed by the Governor. Thanks to Kellie and her fellow lobbyist Troy Skinner for the attentive work they do on our behalf. If the only benefit you received from IPOA membership was Kellie and Troy working for you at the Capitol, you would easily be getting your money's worth.

In the future we will be hosting regional meetings with legislators and invite all lo-

cal departments. Check our website for further information as we finalize the locations and dates this fall. Make plans to attend one near you, and voice your concerns.

Our next magazine will be online only, so I do want to inform you that your annual dues are payable in September. You will receive individual notices with new cards, and your prompt payment is very much appreciated. The "locals" were fantastic last year in submitting payments for their members. It definitely makes a difference for this office, and for the IPOA funding.

Personally, I am looking forward to summer and a few months off. I was fortunate, again, to work part-time this past school year for the Bremer County Sheriff's Office as their School Resource Officer. We serve six schools districts at multiple locations. It truly is a fantastic opportunity, and sometimes an adventure, to work with our youth. The need is great, and we continue to serve these kids and young adults by providing interventions and prevention to help them be successful in the future.

My last request is for information from your department. We continue to look for subjects for magazine articles from around the state to share with members – from promotions to special events that involve you or your agency.

At the Conference I had the pleasure of meeting Cedar Rapids Police Chief Wayne Jerman. Welcome to Iowa, and we wish you and the C.R.P.D. all the best. We have had many good conferences in Cedar Rapids over the years, and invite your officers to become more involved in the IPOA.

Have a wonderful summer camping, fishing, vacationing and enjoying family time as often as possible. And, as always, I pray that each of you returns home safe at the end of each shift.

My thermometer says its 82 degrees, little wind, and I hear the Harley calling my name.... we gone!

Terry

New ways to address the impacts of law enforcement officer stress

By Capt. Mike McKelveyMason City Police Department

No one can refute there may be physiological effects from violent trauma. What about psychological and neurobiological effects? May is "Mental Health Month." Police Week also falls in May (May 12-18), and every year we remember those who made the ultimate sacrifice, but we often overlook Mental Health Month.

The "Below 100" initiative is picking up steam, trying to reduce the number of law enforcement officers killed each year to less than 100 – which will be tough. Below 100 emphasizes safer driving practices, better tactics, and some self-maintenance techniques (eating better, getting proper sleep, exercise, etc). I want to take this opportunity to inform our members about recent studies involving trauma and how it may affect mental health.

Concerns of Police Survivors (C.O.P.S.) has been a strong proponent of addressing stress and mental health concerns in law enforcement since 1984. They specialize in recovery for agencies and families of fallen officers – coping with the aftermath of a loss. The C.O.P.S. home page has an interesting statement: "C.O.P.S. knows that a survivor's level of distress is directly affected by the agency's response to the tragedy. C.O.P.S., therefore, offers training and assistance to law enforcement agencies nationwide on how to respond to the tragic loss of a member of the law enforcement profession."

I think everyone has seen the O.S.H.A. statistics that show law enforcement near the top of careers with high suicide rates. For years, C.O.P.S. and others have implored us to look for warning signs, participate in critical stress debriefing sessions, and use other avenues to get needed counseling or intervention for those who may be susceptible to the tolls of stress and mental health concerns. I think we are seeing more acceptance today of these practices as they become more widespread. Additionally, many agencies are consciously trying to intervene sooner, such as in critical stress debriefings.

Employees are our most valuable resource. Getting them back to work sooner, healthy and ready to go should be one of our top priorities.

Can Trauma be Visually-Induced or is it Environmental?

The National Council for Community Behavioral Healthcare has released a trauma infographic (http://www.thenationalcouncil.org/cs/trauma_infographic) highlighting some recent findings about trauma. It says there is a direct correlation between trauma and physical health conditions. Witnessing acts of violence can be a form of trauma. The article also says 70 percent of the U.S. population has experienced some form of traumatic event in their lives. Trauma can happen on the job as well as off the job – or in combination. Trauma is a risk factor in nearly all behavioral health and substance abuse disorders. The one thing the slide does not highlight is the possibly different reaction of two people exposed to the same event: One may develop Post-Traumatic Stress Disorder (P.T.S.D.), while the other goes on, barely missing a beat, before resuming an active, healthy lifestyle. A lot of this unknown X-factor involves a person's individual level of resilience and their support network (friends, family, employer, faith, community, etc).

We as professionals, peers, and family members sometimes need to stop and deal with the here and now, instead of trying to ignore it (stress) and hope it goes away. This is equally important in monitoring our peers for signs of coping problems, and bringing them to an immediate family member or supervisor's attention if warranted. Nobody wants to be in the position of admitting they saw the warning signs but did nothing about it.

Eliminating the Stigma of Mental Illness and Increasing Education in Law Enforcement

The National Alliance for the Mentally Ill (N.A.M.I.) is an advocacy group for members, citizens, and relatives of people with mental illness. Two of N.A.M.I.'s primary goals are reducing the stigma of mental illness, and educating the public.

Mental Illness is a medical issue that is not chosen by people who develop it. It affects all ages, races, groups, and genders and some of the research shows there may be numerous different causes that cannot be eliminated or "cured." Yet, this medical issue is probably the most callously jokedabout and misunderstood that I am aware. Some of this stigma may be associated with law enforcement's reluctance in years past to acknowledge the impact of stress on its employees.

Depression and P.T.S.D. can be acute, offset, or more delayed over time. We, in law enforcement, are not immune from its effects. Everyone will suffer some form of short-lasting, minor depression in our lives, but we are usually able to rebound out of it and do not require medical intervention.

Every year, we lose 3 to 4 times the number of law enforcement killed in the line of duty to suicide. Some of these stressors may be completely unrelated to the profession (divorce, debt problems, etc).

The Iowa Law Enforcement Academy Council has mandated that law enforcement agencies provide additional hours of in-service training to their employees about "mental health first aid" topics beginning later this year. Many of these topics are geared toward recognizing signs of mental health concerns amongst those in our communities, and utilizing available options to resolve the situation towards the patient's best interest, if possible. The Mental Health First Aid course also has a component concerning peers and self-help that recognizes the impact of stress on law enforcement personnel. The ILEA Council has not released the exact curriculum yet, but to require additional in-service hours in the mental health area is overdue and important for numerous reasons. Declining funding, bedspace, and psychiatric care will increase the number of people we encounter who may shows signs of crisis or possible mental illness.

Remember that none of us is immune from stress. We need to monitor our own mental health as well as our physical health. Recognizing early warning signs and taking appropriate measures sooner may alleviate its impact and needless tragedies.

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Conference 2013: intelligence gathering,

By Major Paul Steier

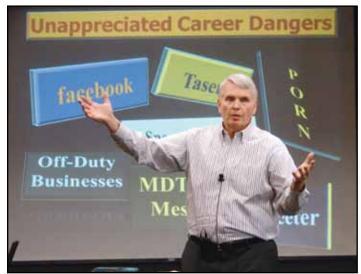
Iowa Department of Transportation Motor Vehicle Enforcement

This year's Iowa Peace Officers Association (IPOA) conference brought together

nearly 100 law enforcement officers from around Iowa to witness one of the most dynamic and diversified conference agendas offered in a long time.

Stoney Creek Inn provided wonderful hospitality along with assisting in a deli-

cious barbecued smoked pork chop lunch catered by Great Caterers of Iowa. There were many vendors in attendance who addressed numerous questions from officers, along with showcasing some of their latest and greatest products. The vendor support





Conference speaker Dr. Neal Trautman spoke on ethical challenges that law enforcement officers face in their careers.









interdiction, Sgt. Stein's shooting, ethics

during this conference was much appreciated.

The first morning of the conference focused on intelligence gathering techniques and tools to better equip officers in detecting and reporting suspicious activity. The topic turned to gang interdiction, followed by a focus shift to dealing with crisis situations and a discussion on how to deal with people in potentially hostile situations.

This discussion was the beginning to what was followed by a dynamic presentation on the tragic Sgt. Eric Stein shooting in Keokuk County. Many officers in attendance said this was one of the most emotional and powerful presentations they had seen in their careers – a life changing event.

Thanks to all the instructors who made this day a valuable learning experience.

Day two of the conference centered on educating officers on how to deal with and understand the many ethical challenges presented them during their careers. Law enforcement officers sometime struggle with discussions involving ethics, but Dr. Neal Trautman kept everyone's attention as he interacted with and shared stories involving officers ethical decisions that got them in hot water.

Dr. Trautman demonstrated why he is a true professional of ethical instruction, as he challenged officers to truly think about the ramifications of decisions and choices they make. Dr. Trautman has done limited teaching in Iowa, but from the discussions that took place after his presentation, I be-





IPOA made donations to Special Oympics Iowa and the Iowa Peace Officer Memorial.

lieve you will see his name on Iowa law enforcement training agendas soon. If you weren't at the conference to hear him, I encourage you to seek out one of his presentations as it will be training that helps protect your career in law enforcement. Thanks to IPOA President Chief Dave Lorenzen for making the opportunity available for Dr.

Trautman to present at this conference.

Thanks also to IPOA Secretary Terry Dehmlow, Sgt. Gus Farmer, and the entire IPOA Board of Directors for your help in making this conference a success. Officers in attendance enjoyed having time to catch

up with their peers, as well as networking with officers whom they had never before met.

I appreciated the opportunity to help coordinate this conference, and hope all in attendance can say it will improve their law enforcement careers. (See more Training Conference 2013 photos on Page 14).



Left to right: Matt Harkin, Laddie Jobe, Tony Gonzalez, Floyd Hays, Jeff Dawson and Stew Barns.









Vendors from left: the Karl Chevrolet booth; Becky Zemlicka of the Des Moines Police Officers' Credit Union awards a jar of money to IDOT's Donna Kelson, who guessed the amount; the U.S. Cellular booth; and the Keltec Inc., Inc. booth.

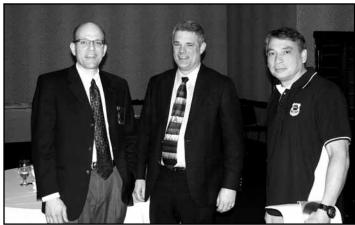
Conference 2013, continued (all people identified from left to right)



Waverly P.D. officers Paul Leisinger (L) and Ross Long (R).



Sioux City officers Jeff Finken, Mike Hamm, Cindy Martinez.



IPOA board member Mike McKelvey, Pleasant Hill P.D. Chief Tim Sittig, and IPOA board member George Griffith.



Waterloo P.D. officers (L to R) Tim Pillack, Ritch Hesse, Stacy Hesse, and Chris Roberts.

Thank you to the vendors who made IPOA Training Conference 2013 possible! (See the list of vendors and their contact information on page 6)



Vendor "Snap-On Industrial" at Conference 2013.



Vendor "V2 Interview Room Recording."

Gov. Branstad signs House File 527 authorizing collection of DNA for aggravated misdemeanors



On May 15, Gov. Terry Branstad signed into law H.F. 527, which authorizes collection of DNA samples from Iowans convicted of less-serious crimes classified as aggravated misdemeanors, including assaults, thefts and multiple drunk driving convictions.

The law is expected to help law enforcement solve crimes, and could exonerate Io-

wans falsely accused of crimes. Iowa Attorney General Tom Miller said the law is a "natural, logical extension of what we've seen before to make our state safer and to make the criminal justice system more accurate."

Attorney General Miller predicted that a significant number of cases will be solved by the expanded use of DNA. HF 527 authorizes DNA collections for people convicted of aggravated misdemeanors including assaults, thefts and multiple drunken driving convictions. There are exemptions for cases involving deferred judgment or juveniles and misdemeanors related to gambling, hazardous waste, agricultural productions and other offenses.





IPOA Board members Dean Sharp and George Griffith at IPOA Training Conference 2013.



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Legislature winds up the 2013 session:

By Kellie Paschke

IPOA Lobbyist Skinner & Paschke, PLLC

Once again, Iowa legislators continued their work into "overtime" by extending the normal 110 day session to 130 days. Legislators are not paid their daily per diem rates once they pass the statutory deadline, and were required to cover their own expenses after May 3.

The 2013 legislative session was a remarkable one for public safety and law enforcement in Iowa. Many important bills have received the Governor's signature, while several more await his final approval, which will occur by the middle of June.

The following bills were approved by the legislature and signed by Governor Branstad:

SF 384 Interference With Official Acts With Injury: makes it a simple misdemeanor to remove or attempt to remove a police officer's communication device; an aggravated misdemeanor to knowingly or intentionally take or try to take a communications device from a police officer to interfere with the officer's duties or ability to communicate; and a Class D felony if the act results in bodily injury. The bill changes interference with official acts to require that person injure the police officer, EMS worker or other protected class worker and makes the crime an aggravated misdemeanor or a Class D felony, depending on the injury, or a Class D or a Class C felony if the person is a prison guard. SF 384 also included a new offense for removal of a peace officer's communication or control device when the person knowingly or intentionally removes, or attempts to remove, a communication device from the possession of a peace officer when the officer is in the performance of the official duties of the officer, and the person knew or should have known the individual to be a peace officer.

HF 527 DNA Profiles for Aggravated Misdemeanors: Current law provides that a person who is convicted of or who receives a deferred judgment for an offense classified as a felony shall submit a DNA sample for DNA profiling. HF 527 requires

a person convicted of or who receives a deferred judgment for an offense that is classified as an aggravated misdemeanor to submit a DNA sample for DNA profiling. The DNA samples may not be collected from persons under the age of 18, and specifically excludes the following offenses: Violations of Chapter 321 (Traffic/ Motor Vehicle Regulations); Certain second offense violations of Chapter 321J (OWI); Violations of Chapter 716B (Hazardous Waste Offenses); Violations of Chapter 717A (Agriculture Production Offenses); Violations of Section 725.7 (Gaming).

HF 496 No-Contact Orders: allows a sheriff, peace officer or corrections officer to serve a no-contact order or a protective order with a short-form notification rather than personal service. It also allows use of the short-form notification during traffic stops and other contacts. The officer is required to file notification with the court of the short-term notification.

HF 133 Shooting Range Exemption: exempts a shooting range used for the training of law enforcement officers that is used to "from the distance prohibitions" on firing a gun near an occupied building or feedlot. The facility must be owned by the state, a county or municipality and to not open to the general public.

SF 145 Warrant Information: Senate File 145 adds an employee of a law enforcement agency, if authorized in writing by the head of the agency and in conformance with DPS rules, to the list of persons who can receive confidential information about a warrant.

SF 327 MFPRSI Changes: Senate File 327 makes changes to MFPRSI (municipal fire & police retirement system). It defines a vested member as someone able to receive retirement benefits by completing four years of service or by being in service when reaching age 55 and allows a vested member with 22 years of service to receive a retirement allowance. The bill strikes the ability of a deceased member's parents to elect to receive a monthly pension instead of a lump sum, if the decedent leaves no surviving spouse or children. It includes provisions to make this retroactive to 2007.

HF 530 Iowa Drug Policy Advisory

Council: changes the meeting times of the Iowa Drug Policy Advisory Council from quarterly to semi-annual. It also repeals the Pseudoephedrine Advisory Council.

SF 298 Defining Sex Act: defines ejaculating onto another person as a sex act for criminal offenses.

The following bills were approved by the legislature and sent to the Governor for his signature:

HF 644 E911: modifies provisions applicable to the administration and funding of enhanced E911 emergency communication systems. The bill eliminates existing voter referendum requirements regarding imposition of the local wire-line E911 service surcharge and the alternative surcharge applicable to wire-line communications contained in Code sections 34A.6 and 34A.6A, respectively. Additionally, the bill replaces current provisions authorizing imposition of the wire-line E911 service surcharge in an amount up to \$1 per access line with a requirement that the surcharge be imposed at the \$1 level. SF 421 increases the level of the emergency communications service surcharge from the current level of up to 65 cents per communications service number to \$1 per service number. Finally, the bill includes a required efficiency study of the E911 system.

SF 452 Sales Tax Exemption for Off **Duty Services:** known as the Standings Bill, typically includes a variety of legislative and budget proposals. Some of the issues include bills that failed to pass earlier in the session, while others are simply corrections to those bills already signed in to law. This year, the bill included these important law enforcement measures: Sales Tax on Off Duty Services: Exempts from the state sales tax those off-duty law enforcement services furnished by a peace officer with the knowledge and consent of the chief executive officer of the peace officer's law enforcement agency. Radar Jamming Devices: Expands the current law to apply to a broader range of devices that interfere with radar speed meters and laser speed meters. IPERS Death Benefits: During the 84th Iowa General Assembly legislation was approved that provided tuition and health insurance benefits to children

A Successful Year for Law Enforcement

of public safety employees who die in the line of duty. Unfortunately, the referenced Iowa Code sections overlooked IPERS police officers as defined in 97B.49(e)(2). This oversight is corrected in SF 452.

SF 447 Public Safety Training Task Force: an appropriations bill that contains the funding mechanisms for the Justice System. Additionally, the bill included the creation of the Public Safety Training Task Force. The task force will consist of members of various disciplines of law enforcement, fire fighters and EMS. They are required to meet annually and provide a report to the legislature of their progress. The task force is required to submit recommendations no later than December 31. 2016 for the following: (1) Consolidation of public safety governance within a single board and the membership of the board. Board duties would include overseeing the construction and maintenance of a consolidated fire and police public safety training facility, and (2) Development of a consolidated fire and police public safety training facility, including possible locations, building recommendations, and financing options, and (3) Any other recommendations relating to public safety training and facilities requirements.

The following bills failed to advance during the 2013 legislative session, but remain eligible for consideration in 2014:

SF 399 Restraints on Pregnant In mates and Detainees: relates to the use of restraints on pregnant inmates and detainees by identifying when such restraints can be used in a correctional, county or municipal facility. The bill prohibits a correctional institution from using a restraint on an inmate or detainee known to be pregnant, including during labor, delivery, or postpartum recovery, unless any of the following apply: the inmate or detainee refuses

to undergo a urine-based pregnancy test, if not visibly pregnant; the inmate has been confined for less than 24 hours at a correctional institution other than a state correctional institution; or a corrections officer makes an individualized determination that the use of a restraint on a pregnant inmate or detainee is necessary due to an extraordinary circumstance.

HF 475 GPS Warrants: relates to the issuance of a search warrant regarding the use of a global positioning device. The bill authorizes any peace officer to make an application to a judicial officer for the issuance of a search warrant to authorize the placement, tracking, monitoring, or removal of a global positioning device, if the application is supported by the peace officer's oath and affirmation, including other facts and circumstances that establish sufficient grounds for granting the peace officer's application, and probable cause for believing the grounds exist. Current law only allows a special state agent, defined in Code section 808B.1 as a peace officer of the department of public safety, to make an application to a judicial officer for the issuance of a search warrant for the placement, tracking, or monitoring of a global positioning device in Code section 808B.5(12). Iowa Code Chapter 808, relating to general warrant authority of peace officers, is silent on the placement of such devices. HF 475 was approved by the House and awaits consideration in the Senate.

SSB 1195 Strip Searches: This bill relates to strip searches of simple misdemeanants at a jail or municipal holding facility. Current law specifies that a person arrested for a scheduled violation or simple misdemeanor shall not be subjected to a strip search unless there is probable cause to believe the person is concealing a weapon or contraband, and if certain conditions

are followed. The bill provides that a person arrested for a simple misdemeanor including a scheduled violation who is committed to the general population of a jail or municipal holding facility may be subject to a strip search without written authorization from the supervisor on duty (unless the search involves physical contact).

IPOA Planning Regional Policy Meetings with Legislators

Last year, IPOA began hosting meetings throughout the State with local legislators to educate them on issues important its membership. Meeting and developing relationships with your local Senators and Representatives is one of the best ways to ensure your law enforcement voice is heard. Not only does it provide you with an opportunity to update and provide information to legislators on the issues important to your profession, it also gives elected officials a reliable contact "back home" when they are making decisions in Des Moines and need more information.

The 2012 meetings were very successful, and with the support of those legislators who attended, IPOA was able to achieve many of its priority agenda items this year. As a result of this success, IPOA is again planning a series of meetings across the State slated for this Fall. Meetings are being planned in the following locations: Des Moines, Mason City, Waterloo, and Council Bluffs.

Once the meeting dates are finalized for each location, information will be sent to local departments and made available on the IPOA website. It is important that your elected officials hear directly from you, their constituents! Please plan to attend your area meeting this fall and become involved in IPOA policy discussions.

Bremer County Peace Officers Association Inc.

27th Annual B.C.P.O.A. Jerry Greenlee Sr. Memorial Golf & Bean Bag Tournament August 17, 2013, in Waverly, Iowa. Deadline for entries is August 9. Fees collected at registration

4-person best shot golf with only law enforcement, EMS and fire department agencies; \$50 per person includes golf, cart, mulligans. Hospitality party following the tournament with cash prizes, food, drinks, entertainment provided;

Bean Bag tournament fee is \$20 per team with cash prizes awarded.

Contact: Cpt. Jason Leonard at jasonl@ci.waverly.ia.us, or Deputy Matt Tiedt at mtiedt@co.bremer.ia.us, or 319-352-5400

Off Duty: Are you still ready?

By Officers Greg Erie & Chris Gergen
Waterloo Police Department

We're going to preface this article by saying this: we are probably preaching to the choir, but it's something we feel needs to be addressed. With that said, here we go.

Do you carry off duty? If so, what do you carry and in addition to that, do you have enough ammo with you or near you should you become involved in a situation while off duty? If you answered yes, don't get excited, we have more questions.

Okay, so you carry off duty and have plenty of ammo. What about medical supplies (i.e. a tourniquet, pressure bandages, etc.?) The recent bombing in Boston illustrates this point and no more explanation is needed. Many officers today are carrying "go bags." Personally I carry a backpack. I find I can get a lot of items in it, it doesn't immediately identify me as an officer or member of the military and backpacks are cheaper than "go bags." I may look like a nerd carrying it, but I'm used to it.

In addition to medical supplies and bullets, think about a flashlight and a spare battery for your phone or radio if you carry them. Some sort of hydration and food might not be a bad idea, either.

So you have the above items and you are ready. Now, do you have something to identify who you are in the event of a critical incident while off duty? Many of you reading this may live in smaller areas of the state. Should a critical incident happen, officers from all over your county will respond to assist. Do you know all of them and do they know who you are?

There are items available to identify yourself as an officer, which are easily concealable and very recognizable once they are put into play. Go to www.Policeone. com and do a search for off-duty identification. My colleague likes to carry his badge with a strap on it that he can put around his support hand fingers. When he brings the gun up into a shooting position, the badge on his support hand comes up and is easily

identifiable. The bottom line is if you take action off duty, you better have something that identifies you as an officer. If responding officers arrive on the scene of a critical incident and you are the only one they see running around with a gun and nothing to identify who you are, the consequences could be delivered to you at 1200/ 2500 fps. Think about it.

Lastly, think first before taking action when you're off duty. If you're with your family or friends, are they going to know what to do when you take action? If you carry off duty, you need to discuss what your significant others, and family members, should do if there is a situation. Are you putting their safety at risk if you do take action? Is it worth the risk to take action if you don't have too? Does your department have a

policy about off-duty enforcement? Often times it is better to call in what you see, stay on the line and direct responding officers. When the time comes for you to take immediate action, you'll know it when you see it. If you have to question whether or not you should get involved, it may be better to become a "professional" witness.

You never know when the wolf will come looking for the sheep. When he does, he doesn't want to see a sheepdog.

Until next time... Stay safe and ready, brothers and sisters.

About the Authors:



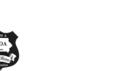
Officer Greg Erie

Greg Erie has been with the Waterloo Police Department since 1995. A former Marine, Officer Erie is currently assigned to the training unit, is a member of the tactical unit, and a TASER and defensive tactics instructor. He is a member of International Law Enforcement Educators and Trainers Association (ILEETA) and can be reached at erieg@waterloopolice.com



Officer Chris Gergen

Chris Gergen has been with the Waterloo Police Department since 1997. Officer Gergen is State and Federally certified as a Control Tactics Instructor. He is also certified as a TASER, Duty Knife and Crowd Control instructor and teaches building searches at the Iowa Law Enforcement Academy. Officer Gergen has been on the TAC team for 10 years. He is married with three kids and practices aikido. He can be reached at gergenc@ waterloopolice.com.





D.A.R.E. Officer Training (DOT) coming September 16-27 to Camp Dodge MCTC

To all Chiefs, Sheriffs, Officers, Deputies and Educators of Iowa:

As the State Coordinator and Program Administrator of D.A.R.E. in Iowa, I wanted to share some important information with you. Whether you currently have D.A.R.E. in your community or agency, are wanting to start D.A.R.E., or have discontinued D.A.R.E. due to funding or staffing issues – I want to be sure you are aware of all of the changes and improvements that have occurred recently.

There has been misinformation presented by the media and the uninformed that D.A.R.E. is not flexible, or responsive to community needs and that what happens in Los Angeles drives the development of the curriculum. This is completely untrue; in fact some of the newest enhancement lessons and community presentations available were initiated out of a strong need by the Midwestern states.

D.A.R.E. is one of the most flexible and continuously developing prevention education curriculas/ community presentation programs communities can use by selecting from a cache of enhancement lessons tailored to local needs.

Current D.A.R.E. enhancement lessons include – but are not limited to – Over The Counter & Prescription Drug Abuse; Bullying; Gangs; Internet Safety; Cyber Bullying; Role Models; Methamphetamine; and others.

D.A.R.E.'s mission is to provide evidence based curricula that can be tailored to meet local needs encouraging the use of

local statistics enhancing and making the presentation potentially more meaningful to a community's youth.

D.A.R.E. subscribes to a fidelity ladled training model that teaches the D.A.R.E. Officer to utilize current classroom training methods and materials, taking the initiative to incorporate local statistics meeting local needs, making learning more relevant to youth.

D.A.R.E. contains age appropriate evidence/ science based curricula for grades K-4, elementary, middle school, high school, after school and community presentations. D.A.R.E.'s elementary and middle school programs called "keepin' it REAL" is on the U.S. Department of Health and Human Services' Substance Abuse & Mental Health Services Administration (SAMSHA) National Registry of Evidence-based Programs and Practices (NREPP) list of effective and promising prevention education programs. For some, this has become the barometer for the most effective and promising programs that have been peer evaluated identifying evidence of results.

The newest revision of the elementary D.A.R.E. curriculum is in the hands of currently trained officers and those who get their initial training at a D.A.R.E. officer training class. The elementary level "keeping it REAL" program incorporates the newest and the best evidence/ science based curriculum and delivers on D.A.R.E.'s promise to be current and meaningful.

Consistently, D.A.R.E. has been evaluated as having the "best" delivery system

of any prevention education program, and it's further been proven that student attendance in school is the highest on D.A.R.E. presentation days. Both are significant for today's school culture!

Lastly, not only has D.A.R.E. been proven to be effective, evidence based, flexible to local needs and a popular learning format for youth, it's also the most efficient/ cost effective program for the Iowa Schools and taxpayer.

In Iowa, D.A.R.E. elementary and middle school student materials are all free. No other prevention education program for youth in Iowa can be more cost effective to the taxpayers than the not-for-profit D.A.R.E. program.

If you are interested in beginning D.A.R.E., want to increase your program, or have officers that are nearing retirement and need replacement, D.A.R.E. Iowa is in the process of finalizing a DOT (D.A.R.E. Officer Training) September 16-27, 2013 in Johnston at the MCTC at Camp Dodge.

When the training is set, the costs, if any, and all associated information will be posted on the D.A.R.E. Iowa website www. dareiowa.org.

For more information, you may also contact me at darecoord@cfu.net or at 319-415-2237. I look forward to assisting you and your agency in the furtherance of D.A.R.E., to serve and educate the most valuable resource we have – the children of Iowa.

Professionally yours, Lt. Daniel Brown, D.A.R.E. Iowa State Coord. and Program Admin.

ILEA Bicycle Patrol Officer school held

Bike Maintenance School coming Nov. 25 - 26

Front Row: Patrick Loest, ISP Post 16, David Wonders, ISP Post 16, Justin Schultes, Spencer P.D., Brian Mayberry, Walcott P.D., Instructor Curtis Pote ILEA. Instructors not in the photo include Chris Roush Marshalltown P.D. and Mark Edmund ILEA.Back row: Instructor Jason Bryan, West Des Moines P.D., Jacob Allspach, ISP Post 16, David Weidt, Boon Co. Conservation Board, Instructor Trent Weiler, Clive P.D. The next training opportunity for bike patrol officers will be the Bike Maintenance School held November 25 and 26, 2013.



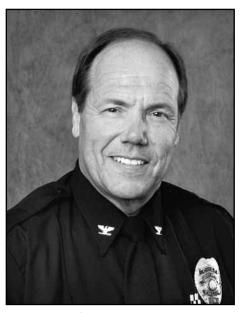
43rd Cedar Rapids Chief Jerman brings 33 years of LE experience

On October 29, 2012, Wayne Jerman was sworn in as the 43rd chief in the history of the Cedar Rapids Police Department. The C.R.P.D. is a full-service agency comprised of 203 officers and more than 60 non-sworn employees. These dedicated and committed individuals work closely with the community and subscribe to the C.R.P.D. vision of "Courage, Integrity, and Character." In every call, task, and contact with a member of the public, Police Department employees adhere to the qualities connected to this vision. Chief Jerman is committed to ensuring that all employees believe, practice, and live by this code. Citizens expect it and deserve the employee's commitment to it. The Police Department serves 127,000 residents and is responsible for 72 square miles.

To make Cedar Rapids the safest city possible, the C.R.P.D. subscribes to the principles of problem solving and is heavily committed to the philosophy of community oriented policing, working in partnership with the residents of Cedar Rapids. The exchange of information is encouraged between community members and the department, building upon established relationships, while creating new bonds with residents of the city. Chief Jerman believes that working together is the most effective and efficient strategy to reduce crime, lessen the fear of crime, and it increases the quality of life for everyone in the city of Cedar Rapids.

Like many jurisdictions in the United States, Cedar Rapids continues to enjoy a decline in crime. For the third year in a row, crime in Cedar Rapids showed a marked decrease. This is due in part to the increased partnerships between officers and citizens uniting to fight crime and take back neighborhoods. Chief Jerman's priorities include reducing the incidences of gun-related violence in Cedar Rapids, pursuing/ obtaining national accreditation through C.A.L.E.A., and establishing participation with the U.S. Marshal's Fugitive Task Force for the Northern District of Iowa.

Chief Jerman comes to the Cedar Rapids Police Department after more than 36 years in public service, with 33 years



Chief Wayne Jerman Cedar Rapids Police Department

as a police officer with the Montgomery County, Maryland, Department of Police.

The Montgomery County Department of Police (MCPD) is a communityoriented, full-service police agency comprised of 1,202 sworn officers and 660 civilian employees. The Department is responsible for the delivery of police services to the one million residents who live in the County. The annual budget for this nationally accredited police department is \$250.6 million. Montgomery County sits adjacent to Washington, D.C., and often handles high-profile cases that generate national (and sometimes international) media attention. The MCPD was involved in the 1999 Elian Gonzalez incident in Bethesda, which is an affluent community within Montgomery County,

where many cabinet officials and other presidential appointees, diplomats, Supreme Court justices, high-ranking military officials as well as state government cabinet members and other political celebrities and VIPs reside. Montgomery County also was the jurisdiction of the historically precedent-setting beltway snipers investigation of 2002, and later the Discovery Channel Building's hostage/ suicide bomber case in 2010. Chief Jerman retired from Montgomery County at the rank of Assistant Chief, serving as Chief of two bureaus; the Investigative Services Bureau from 2007-2010. and as Chief of the Field Services Bureau from 2010-2012.

Chief Jerman's education includes a Bachelor of Science degree from the University of Maryland, and an MBA from Frostburg State University. He is a graduate of the FBI National Academy Session 236, and completed the FBI's National Executive Institute, Session 35, in September 2012.

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